Campus Climate Considerations, some celebrating the holiday are...
- fasting
- traveling
- managing family expectations/obligations
- busy with holiday preparations/rituals

Student accommodations might include:
Many students will want to go to a Church service, and students might be tired from fasting.

Work-Restricted?
Work restrictions are not typical for this holiday.

What’s on the menu?
Catholics refrain from eating meat.

Greet your neighbor!
There is no standard greeting for this holiday.

What is the mood of this holiday?
(we realize that holidays are multilayered and complex; we are simply checking off a few moods to give people a tiny sense of the overall tone of the day)
- Celebratory
- Mournful
- Fun
- Reflective
- Serious

Ash Wednesday
Tradition: Christianity
February 17, 2021

Ash Wednesday starts the season of Lent. Lent is a 40 day period of repentance before Easter.

Christians often receive a mark of ashes on their foreheads, which symbolizes their mortality.

Ash Wednesday is a day of fasting. Catholics (and some other denominations) refrain from eating meat and may engage in other forms of fasting.

What’s on the menu?
Catholics refrain from eating meat.

Greet your neighbor!
There is no standard greeting for this holiday.

What is the mood of this holiday?
(we realize that holidays are multilayered and complex; we are simply checking off a few moods to give people a tiny sense of the overall tone of the day)
- Celebratory
- Mournful
- Fun
- Reflective
- Serious

This fact sheet is part of DU’s new Religious Inclusivity Initiative. It is designed in consultation with scholars and practitioners and is meant as a practical go-to ‘beta’ resource, not a comprehensive or definitive presentation of any religion or holiday. Want to recommend a change? Want to suggest another holiday to feature? Contact Profs. Sarah Pessin & Andrea Stanton at cjs@du.edu

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