Good Friday

Tradition: Christianity
April 2, 2021

Commemoration of the death of Jesus by crucifixion.

Good Friday occurs on the Friday before Easter.

Good Friday services often include the Stations of the Cross, which is a series of prayers, readings, and images that depict the hours leading up Jesus's crucifixion.

What’s on the menu?
Usually a day of fasting. At a minimum, people refrain from eating any meat and eat nothing between meals.

What is the mood of this holiday?
(we realize that holidays are multilayered and complex; we are simply checking off a few moods to give people a tiny sense of the overall tone of the day)

☐ Celebratory  ☑ Mournful  ☐ Fun

.  ☑ Reflective  ☐ Serious

Campus Climate Considerations, some celebrating the holiday are...

☐ fasting
☐ traveling
☐ managing family expectations/obligations
☐ busy with holiday preparations/rituals

Student accommodations might include:
Many students will want to go to a Church service, and students might be tired from fasting.

Work-Restricted?

Work restrictions are not typical for this holiday.

Greet your neighbor!
There is no standard greeting for this holiday.

This fact sheet is part of DU’s new Religious Inclusivity Initiative. It is designed in consultation with scholars and practitioners and is meant as a practical go-to ‘beta’ resource, not a comprehensive or definitive presentation of any religion or holiday. Want to recommend a change? Want to suggest another holiday to feature? Contact Profs. Sarah Pessin & Andrea Stanton at cjs@du.edu

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